



# GLASGOW INTERNATIONAL SWIM MEET

26 – 28 May 2023

TOLLCROSS  
INTERNATIONAL  
SWIMMING CENTRE  
GLASGOW, SCOTLAND

# PROGRAMME

(HELD UNDER WORLD AQUATICS / SCOTTISH SWIMMING REGULATIONS)



# GLASGOW INTERNATIONAL SWIM MEET 2023

Friday 26<sup>th</sup> May – Sunday 28<sup>th</sup> May 2023

Tollcross International Swimming Centre, Glasgow

Meet Promoter: City of Glasgow Swim Team (COGST)

Licence Number: L1/709/SS/MAY23

## PARTNER, SPONSORS & SUPPORTERS

The organisers express sincere thanks to the following organisations for their much-valued support of this competition:

### OFFICIAL SPONSORS



**OFFICIAL  
FERRARI DEALER**  
GRAYPAUL GLASGOW



### OFFICIAL SUPPORTERS



[glasgowswimmeet.com](http://glasgowswimmeet.com)



## GLASGOW INTERNATIONAL SWIM MEET 2023

**Dates:** Friday 26<sup>th</sup> May – Sunday 28<sup>th</sup> May 2023  
**Venue:** Tollcross International Swimming Centre, Glasgow, Scotland  
**Pool:** 10 lane x 50 metre, with separate 4 lane x 25 metre training pool  
**Meet Promoter:** City of Glasgow Swim Team (COGST)

### OUR MISSION

To deliver an annual international standard open long course swimming competition that is ideally placed in the UK and European calendar and attractive to regional, national and overseas athletes/clubs/teams. To showcase Glasgow as a city of sport, culture and education, with world-class swimming facilities and a club-based training environment that supports a nation-leading programme.

### OUR TEAM

City of Glasgow Swim Team will be the host and meet promoter, working in close partnership with and support from Glasgow Life, Scottish Swimming, SASA West District and relevant event sponsors. An organising committee consisting of representatives from these groups will meet regularly to ensure successful delivery of the mission and associated objectives.

### OBJECTIVES

1. Put competitors (and their clubs/teams) first – this meet's primary purpose is for them to perform to their best. Do everything we can to ensure the athlete experience is world-class.
2. Deliver a great event that athletes from Scotland, the UK and around the world want to come back to year after year.
3. Put/keep Glasgow on the international swimming map – meets, venues, programmes, universities, culture.
4. Event management, organisation, safety and security are of the highest standard given the resources available.
5. The profile of Glasgow as a place to live, study, work and swim is raised.
6. There is an opportunity for volunteer support and engagement.
7. Be spectator and athlete/team staff friendly.

### KEYS TO SUCCESS

1. Entry capacity is met with athletes/teams/clubs from Scotland, the UK and overseas in attendance.
2. World-class swimming performances are produced and significant prize money available.
3. The event is attractive to spectators, media outlets and sponsors.
4. Volunteers in the club and local community are engaged, developed and increased in number.
5. The sport of swimming wins through increased coverage and profile, and from young athletes becoming inspired by meeting and competing with their international heroes.
6. Attendees enjoy visiting Glasgow and find the meet organisers welcoming, friendly and helpful.
7. Working partnerships between the hosts and key stakeholders are strengthened.
8. All volunteers and workers feel valued and part of a team that delivered something special.
9. The event is successfully promoted and marketed.

### PRIZE MONEY

The top three male and female athletes based on the highest FINA points scores for a single event performance across the whole meet will receive:

**1st - £500**    **2nd - £350**    **3rd - £250**

The top three male and female Junior athletes based on the highest FINA points scores for a single event performance across the whole meet will receive:

**1st - £170**    **2nd - £130**    **3rd - £100**



[glasgowswimmeet.com](http://glasgowswimmeet.com)



## KEY PERSONNEL AND CONTACT INFORMATION

Meet Website: [www.glasgowswimmeet.com](http://www.glasgowswimmeet.com)  
 General Email Enquiries: [info@glasgowswimmeet.com](mailto:info@glasgowswimmeet.com)  
 General Phone Enquiries: Paul Burgess– 07590 465537  
 Email for Entries: [entries@glasgowswimmeet.com](mailto:entries@glasgowswimmeet.com)  
 Facility Address: Tollcross International Swimming Centre, 350 Wellshot Road, Glasgow, G32 7QR

Role	Name	
<b>Meet Director:</b>	Marjorie Phillips	
<b>Meet Referee:</b>	Carole McDonald	
<b>STO Manager:</b>	Paul Connolly / Janet Ferrie	
<b>AOE Team:</b>	Frazer Dunn	
<b>Recorders:</b>	Joanna Maguire / Bryan Walkinshaw	
<b>Dryside Manager:</b>	Sarah Connell	
<b>Entries/Results Team:</b>	Susan Liddle	Paul Burgess
<b>Field of Play Manager:</b>	Jamie Nelson	
<b>Spectator Entry Desk:</b>	Pearl Punshon	
<b>Guest Manager:</b>	Lauren Murphy	
<b>COGST Organising Group:</b>	Paul Burgess Danielle Brayson Marjorie Phillips Ed Machin	Sarah Connell Lauren Murphy Janet Ferrie Ian Wright Paul Connolly
<b>Social Media:</b>	Lauren Murphy	
<b>Kit Carrying Team:</b>	COGST swimmers	
<b>Venue Liaison:</b>	Abby Munro	
<b>Commentary Manager:</b>	Duncan McKinnell	
<b>Live Stream Support:</b>	Streamscene	Stuart Johnston



## WELCOME TO GLASGOW



On behalf of City of Glasgow Swim Team, I have great pleasure in welcoming you to the fourth Glasgow International Swim Meet. We successfully relaunched the event in 2022 following a break due to the COVID pandemic, we are delighted to be back on the calendar for 2023 and hopefully for many years to come. Whether you are here as an athlete or spectator, I hope you will enjoy the three days of competition in this world class facility here at Tollcross International Swimming Centre. We look forward to some excellent racing from a top-class group of swimmers, including many who will be going on to compete at the World Championships and European Championships later this summer. Good Luck to all competitors!

**Marjorie Phillips** – Meet Director, GSM

On behalf of Scottish Swimming can I welcome everyone to the fourth Glasgow International Swim Meet. It is great that the meet has once again attracted swimmers from across Scotland, the UK and Europe and I hope all competitors, coaches, support staff, volunteers and supporters enjoy the competition and racing. I would like to thank the partners who have worked with and supported City of Glasgow Swim Team to develop this competition and would extend my thanks to all the volunteers and technical officials for giving their time to make the competition happen. Good luck to everyone involved, have fun and enjoy the competition.

**Ally White** – Director of Aquatics, Scottish Swimming



Thank you for joining us this weekend for the fourth Glasgow International Swim Meet, an event which was introduced to the Glasgow annual sporting calendar in 2018, and with great success. Glasgow has some of the best sporting programmes and facilities in the world, and nowhere is that more apparent than here in Tollcross International Swimming Centre, where our very own City of Glasgow Swim Team trains each day.

This year's event welcomes 720 competitors from 59 clubs from across Scotland, the UK and throughout Europe. We are particularly delighted to see our friends from Denmark return to the meet, along with teams from Greece, Sweden and Ireland. The competition is also a key event in Glasgow's celebration as European

Capital of Sport, an accolade that Glasgow has held on two occasions.

I'd like to take this opportunity to welcome you to Glasgow and encourage you to take the chance to spend some time exploring and enjoying the sights and experiences Glasgow has to offer. Finally, I wish the very best of luck for those of you competing this weekend – and congratulations for all your hard work which got you here in the first place.

**Paul Burgess** – GSM Event Director, and City of Glasgow Swim Team President



[glasgowswimmeet.com](http://glasgowswimmeet.com)



## SESSION TIMES AND WARM-UPS

	Friday	Saturday	Sunday
<b><u>MORNING</u></b>	<b>Session 1</b>	<b>Session 4</b>	<b>Session 7</b>
<b>Warm up</b>	08:00-09:00	08:00-09:00	08:00-09:00
<b>Start time</b>	09:05	09:05	09:05
<b>Session ends</b>	11:09	11:15	11:14
<b><u>AFTERNOON</u></b>	<b>Session 2</b>	<b>Session 5</b>	<b>Session 8</b>
<b>Warm up</b>	11:15-12:10	11:15-12:10	11:15-12:10
<b>Start time</b>	12:15	12:15	12:15
<b>Session ends</b>	14:45	14:46	14:55
<b><u>EVENING</u></b>	<b>Session 3</b>	<b>Session 6</b>	<b>Session 9</b>
<b>Warm up</b>	16:00-16:50	16:00-16:50	15:30-16:20
<b>Start time</b>	17:00	17:00	16:30
<b>Session ends</b>	19:01	19:29	18:28

## LIST OF COMPETING CLUBS

Aberdeen ASC	Garioch ASC	Rochdale Aquabears
Aberdeen Dolphins	Glenrothes ASC	Rutherglen ASC
Airdrie & Monklands ASC	Guildford City SC	Scotia ASC
Arbroath St Thomas ASC	Hamilton Baths	Shetland ASC
Bellshill Sharks	Heart of Midlothian ASC	South Aberdeenshire Swimming
B.E.S.T.	Highland Swim Team	South Ayrshire Swim Team
Buckie ASC	INCAS	STARS Swimming Academy, Greece
Carnoustie Claymores	Kingston ASC	Stirling Swimming Club
City of Glasgow Swim Team	Kinross Otters	Stranraer Stingrays ASC
Copeland	Kirkintilloch & Kilsyth ASC	Swansea University
Cupar & District ASC	Lanark ASC	Swim Ireland
Denmark National Team	Loughborough Performance Centre	Swim West Lothian
Dumfries ASC	Marlins, Ballyshannon	Swim IT
Dundee City Aquatics	Milngavie & Bearsden	Taby Sim, Sweden
East Cavan SC	Monifieth Swim Club	University of Aberdeen Performance
East Kilbride ASC	Montrose & District Seals ASC	University of Edinburgh
East Lothian Swim Team	North Ayrshire ASC	University of Stirling
F.I.R.S.T.	Perth City Swim Club	Warrender Baths Club
Fauldhouse Penguins	Renfrew Baths	West Dunbartonshire ASC
Forfar Falcons	REN 96	





## LIST OF COMPETING SWIMMERS

### Aberdeen Asc

Craik, Beth 15  
Lamont, Lexie 14  
Reid, Rebecca 21

### Aberdeen Dolphin SC

Brechin, Kirsty 15  
Campbell, Katy 18  
Christoforos, Connor 15  
Christoforos, Madison 13  
Fearn, Dean 15  
Fearn, Kai 14  
Gordon, Aisla 25  
Reynard, Maya 19  
Scatterty, Annabella 14  
Shulayev-Barnes, Henry  
15 Smith, Jessica 16  
Smith, Kalila 13  
Wallace, Finlay 20

### Airdrie & Monklands Asc

Griffin, Riley 14  
Jaap, Harris 16  
McAuley, Evan 15

### Arbroath St Thomas Asc

Falconer, Sadie 14  
Smith, Taylor 16  
Stirling, Haydyn 17

### Bellshill Sharks

Barton, Millie 15  
Collins, Ethan 14  
Falconer, Erin 17  
Geddes, Caleb 15  
Glover, Charlotte 16  
Lilly, Nathan 18  
McDonald, Lewis 16  
McDonald, Logan 15  
McKean, Blair 18  
Murphy, Jenna 16  
Nixon, Aidan 16  
Prygiel, Amelia 15  
Russell, Aaron 14  
Sinnott, Ceri 18  
Weir, Amy 16  
Wilson, Allanah 15  
Wilson, Katia 14

### Borders Elite Swim Team

Coates, Hamish 17  
D'Agrosa, Anna 19  
D'Agrosa, Lucy 17  
Harkness, Anna 16  
Holmes, Hayden 13  
Johnstone, Liam 18  
Lakie, Tilly 17  
Livingstone, Luke 15  
McAree, Isla 15  
Norris, Jessie 16  
Owenson, Amy 16  
Payne, Bronwen 16  
Pemble, Keira 16  
Shaw, Poppy 15

### Buckie Asc

Aitchison, Brandon 19  
Aitchison, Kallum 17  
Coull, Isla 18  
Coull, Madison 15  
Forbes, Payton 14

### Carnoustie Claymores

McGhee, Emily 20

### City Of Glasgow Swim

Beaton, Freya 15  
Betout, Youssef 23  
Blake, Marcus 16  
Brown, Sophie 14  
Burgess, Robert 18  
Caldwell, Olivia 14  
Campbell, Anna 14  
Carty, Joe 15  
Churches, Alfie 17  
Cochrane, Ayla 17  
Connell, Louise 16  
Connolly, Kai 16  
Connolly, Kyle 14  
Crawford, Abigail 14  
Cumming, Alice 15  
Cunningham, Ella 14  
Davidson, Kiera 18  
Dickens, Emily 16  
Dobson, Isla 15  
Doran, Cameron 18  
Duncan, Blaire 15  
Dunn, Arran 17  
Dunn, Zara 15  
Edmiston, Hannah 18  
Finlayson, Kiera 14  
Flynn, Michael 20  
Gildea, Daisy 13  
Glen, Thea 16  
Gordon, Eva 12  
Grant, Ben 18  
Hendry, Daniel 14  
Holmes, Jake 17  
Ibrahim, Yusuf 16  
Kay, Aiden 20  
Kennedy, Ellie-Louise 15  
Kringelis, Rojus 16  
Landman, David 16  
Lawlor, Louis 21  
Liston, Rosie 16  
Machin, Aran 13  
Machin, Saphrina 16  
MacInnes, Daisy 14  
Macleod, Amy 17  
McCardie, Stella 17  
McCusker, Amalie 16  
McKenzie, Drew 18  
McKinnon, Ruairi 19  
McLean, Campbell 16  
McMillan, Abbie 14  
Miles, Robson 18  
Milne, Lula 12  
Moogan-Sharratt, Oscar 17  
Mooney, Carys 16  
Mooney, Sophie 14  
Morton, Caitlin 13

Mossman, Kyle 14  
Mowbray, Jude 15  
Mufti, Abudi 16  
Murphy, Cole 14  
Nimmo, Lucy 16  
Niven, Victoria 17  
Paterson, Andrew 13  
Paterson, Madeleine 15  
Pavri, Anjali 16  
Payne, Ronan 28  
Pelosi, Guy 17  
Pelosi, Max 17  
Reid, Georgia 17  
Ren, Gina 14  
Ren, Heidi 16  
Roberts, Gavin 24  
Ross, Ava 14  
Ross, Gregor 15  
Rowell, Ami 13  
Shiels, Amy 18  
Sisnett, Nikolai 13  
Smith, Keane 18  
Stevenson, Ella 18  
Strachan, Rebecca 15  
Thomson, Aidan 16  
Tkachenko, Anna 15  
Tsang, Finlay 16  
Watson, Katie 16  
Winship, Michael 16  
Wong, Kyle 17  
Young, Rory 21

### Copeland

Robinson, Scarlett 15

### Cupar & District SC

Baillie, Caera 16  
Black, Helen 18  
Black, Liam 17  
Gray, Euan 17  
Henderson, Abbie 14  
Laws, Richard 16  
Laws, Steven 15  
McGeorge, Isabella 17

### Denmark

Castella, Nicholas 16  
Damborg, Martine 16  
Frederiksen, Ida 15  
Fuglsang, Anna 18  
Gaur, Jonas 18  
Herche, Sofie 16  
Kanstrup, Rikke 17  
Kirketerp, Cille 18  
Kjelstrup, Karoline 17  
Kragh, Ida 17  
Krogh, Emma 16  
Lovgreen, Theodor 18  
Moller, Mads 18  
Nilsson Norby, Kristine 18  
Nodderkaer, Ofelia 18  
Pedersen, Emmely 18  
Pederson, Robert 18  
Puggaard, Casper 18

Ronn, Anna 18  
Sohn, Ida 15  
Tabor, Schastine 18  
Thisted, Louise 18  
Tholstrup, Marius 18  
Thorhauge, Christian 18  
Tind, Falka 17  
Tullberg, Magnus 18

### Dumfries Asc

Colvin, Millie 15  
Dickie, Georgia 16  
Edwards, Rhys 15  
Irvine-Watson, Molly 14  
Nelson, Finlay 16  
Scott, Luke 16  
Webster, Ruari 16

### Dundee City Aquatics

Brierley, Connor 17  
Buchanan, Cain 16  
Easton, Anna 16  
Philip, Corey 15  
Reid, Darci 16  
Stoves, Lucy 17  
Weir, Euan 15

### East Cavan SC-US

Behme, Anna 14  
Behme, Johann 18  
Juricova, Tatiana 14  
Kierans, Kate 16  
Longmore, Oscar 17  
Moore, Lian 15

### East Kilbride Asc

Bulloch, Leah 17  
Fleming, Scott 17  
Gilchrist, Jamie 17  
MacIntosh, Fraser 17  
McIlquham, Eve 16  
Mennie, Melissa 15  
Mitchell, Euan 16  
Simpson, Jack 17  
Steele, Aaron 16  
Stewart, Tyler 16  
Traynor, Thomas 16  
Watson, Finlay 16

### East Lothian Swim

Anderton, Katie 17  
Anderton, Ross 15  
Armstrong, Eilidh 17  
Aspinall, Conner 14  
Black, Tegan 16  
Brown, Findlay 16  
Courtney, Grace 17  
Davis, Abby 20  
Finlay, Alice 15  
Flockhart, Olivia 15  
Hall, Lucy 14  
Hanak, Grace 15  
Hornsey, Luke 17  
Joyce, Lori 15  
Kay, Declan 15  
Krawiec, Stefan 17

Krawiec, Zara 14  
Lawson, Anna 14  
Lothian, Lewis 14  
Marko, Ava 14  
Marshall, India 18  
Mulligan, Ethan 16  
Ormiston, Hannah 17  
Peebles, Caitlin 16  
Peebles, Calum 17  
Slater, Zach 16  
Stoddart, Helen 16  
Taylor, Alex 15  
Whetton, Isla 14  
Williamson, Owen 18

### Edinburgh University

Butler, Olivia 20  
Carr, Ben 24  
Carswell, Thomas 23  
Chooyin, Benjamin 21  
Clegg, Stephen 28  
Cooke, Olwyn 20  
Cooke, Uiseann 22  
Craig, Mairi 19  
Cumberlidge, David 27  
Davis, Liam 23  
Edmunds, Louise 21  
Ferguson, Ryan 22  
Fothergill, Aidan 19  
Gibson, Scott 23  
Goodburn, Archie 22  
Goodburn, Katie 20  
Hamerlaine, Yasmine 20  
Hanlon, Kara 26  
Hutchison, Emmie 24  
Innes, Mark 21  
Kempster, Bruno 24  
Kringelis, Marijus 20  
Lapsley, Myles 20  
Leslie, Ross 25  
Logan, Arthur 19  
Lucas, Lucy 20  
Main, Sophie 19  
McDonald, Ailsa 22  
McLaughlin, Liam 21  
McPhail, Jordon 20  
Mitchell, Joshua 21  
Morawski, Emil 19  
Morgan, Anna 20  
Pilkington, Laura 26  
Quin, Scott 33  
Ricci, Nicole 19  
Robertson, Katie 22  
Rose, Calum 19  
Sargent, Imogen 19  
Schlosshan, Ciara 22  
Shaw, Luke 21  
Shiels, Ellis 21  
Simpson, Katie 21  
Smith, Jasmin 22  
Stemp, Abigail 20  
Suvalov, Igor 20  
Trotman, Charlie 21  
Yuda, Faith 19



glasgowswimmeet.com



**Falkirk Integrated Regional**

Beetham, Samuel 16  
 Black, Alex 17  
 Blair, Grace 13  
 Byrne, Finlay 15  
 Calvert, Rory 16  
 Campbell, Keir 14  
 Collins, Erin 18  
 Crawford, Zoe 16  
 Ferguson, Jake 15  
 Finlay, Nathan 16  
 Frame, Caitlin 16  
 Gallacher, Ava 15  
 Gemmell, Fraser 14  
 Gill, Cameron 16  
 Hill, Jessica 14  
 Kirkham, Ava 17  
 McCappin, Lexine 17  
 McCavish, Aidan 15  
 McLeod, Lucy 16  
 McNair, Lisa 14  
 Shaw, Cameron 18  
 Skinner, Gregor 17  
 Smith, Zuzia 16  
 Vause, Robyn 16  
 Weir, Victoria 15

**Fauldhouse Penguins**

Brolly, Lauryn 15  
 Carty, Maci 15  
 Greig, Keira 15  
 Hislop, Amy 14  
 Innes, Lucas 14  
 MacPhee, Ellyn 16  
 MacPhee, Myren 15  
 Miller, Alexandra 16  
 Steven, Eliot 14

**Forfar Falcons**

Elder, Lauren 16  
 Harper, Boyd 17  
 Nisbet, Gary 37  
 Warburton, Eva 15  
 Wood, Ella 16

**Garioch Amateur Swimming Club**

Boddie, Catherine 19  
 Boddie, James 16  
 Denny, Ellen 15  
 Gow, Innes 15  
 Gow, Nula 18  
 Pritchard, Hayden 16  
 Reid, Fergus 14  
 Reid, Isla 16  
 Tetlow, Fraser 17

**Glenrothes Asc**

Mitchell, Scott 26

**Guildford City Swim Club**

Duetoft, Christian 18

**Hamilton Baths**

Anderson, Hannah 16  
 Barghati, Dean 15  
 Carlyle, Robbie 17  
 Cole, Addison 15  
 Coulter, Erin 15  
 Gilmore, Kirsty 17  
 Leggate, Emma 17  
 Lindsay, Hannah 15  
 McGavin, Emma 16  
 McGavin, Rachel 15  
 Percy, Jake 19  
 Stewart, Ethan 17  
 Yershov, Rhea 15

**Heart of Midlothian Asc**

Funnell, Kirsty 17  
 McGill, Holly 18  
 McIntyre, Lawrence 17  
 Mitchell, Ewan 15  
 Mundell, Lili 13  
 Neil, Emily 14  
 Przychodzki, Jędrzej 16  
 Trojnar, Nikodem 15  
 Watt, Erica 17  
 Wedderspoon, Layla 15  
 Whike, Lizzie 18

**Highland Swim Team**

Armitage, Jed 15  
 Armitage, Tom 16  
 Bain, Keira 17  
 Barber, Madi 17  
 Bremner, Lachlan 15  
 Duncan, Jacob 24  
 MacDougall, Emily 14  
 Mackay, Megan 16  
 Robertson, Eva 14  
 Senguler, Nebi 13  
 Stewart, Alexander 18

**Inverkeithing Comp SC**

Bedborough, Leonie 14  
 Drummond, Casey 17  
 Hunter, Faye 17  
 Hutton, Taylor 15  
 McMillan, Matthew 17  
 McShane, Daniel 17

**Kingston Amateur Swimming Club**

Dobson, Amy 13  
 Pollock, Maisie 19

**Kinross**

Chadwick, Charlotte 16  
 Cumming, Emily 18  
 Kenny, Matthew 14  
 McKenzie, Hayden 17  
 Pritchard, Stuart 17  
 Smallwood, Ben 17

**Kirkintilloch & Kilsyth Asc**

Scobie, Emma 26

**Lanark**

Barnstaple, Abbie 16  
 Hamilton, Caitlyn 19  
 Henderson, Ian 17  
 Jones, Benjamin 18  
 Mackie, Evi 14  
 McArthur, Millie 17  
 McLeod, Euan 18  
 Shaw, Craig 15  
 Towers, Katie 15

**Loughborough****Performance Centre**

Booker, Lily 22  
 Brown, Charlie 22  
 Colbert, Freya 19  
 Hutchison, Charlie 21  
 Litchfield, Joe 25  
 Stephens, Laura 24  
 Wilby, James 30  
 Wood, Abbie 24

**Marlins sc**

McSharry, Mona 23

**Milngavie & Bearsden Swim Club**

Alguero, Eva 19  
 Calder, Joanna 15  
 Caldwell, Katie 17  
 Dawson, Emily 14  
 Donaldson, Fraser 16  
 Hall, Ruairidh 16  
 Hamilton, Reece 17  
 Hill, Abigail 16  
 Hixon, Iona 14  
 Kirk, Chloe 14  
 Lockington, Hannah 17  
 MacArthur, Calum 15  
 McDermott, Ava 18  
 McDermott, Rose 15  
 McKenzie, Jocelyn 18  
 McLaughlin, Kayden 16  
 McNair, Eilidh 16  
 McNair, Kirsty 20  
 Noonan, Grace 16  
 Stewart, Sarah 17

**Monifieth Swim Club**

Clarke, Sophie 13  
 Denson, Zara 17  
 Fallone, Sofia 15  
 Hutchinson, Ross 15  
 MacKenzie, Taylor 16  
 Petrie, Isla 14  
 Pogorzelec, Matthew 15  
 Simpson, Kyle 16  
 Winton, Gabriella 18

**Montrose & District Seals Asc**

Bryden, India-Leoni 16  
 Dargie, Olivia 15  
 Simpson, Kaleb 15

**North Ayrshire**

Binnie, Emma 14

**Perth City Swim Club**

Bailey, Katherine 19  
 Dow, Frazer 14  
 Gordon, James 18  
 Kemp, Mhairi 15  
 Martin, Johnny 15  
 McGregor, Natalie 14  
 McKenzie, Calum 14  
 McLean, Rose 18  
 McLeod, Amelle 15  
 Norris, Jensen 15  
 Renfrew, Katherine 16  
 Sanderson, Elena 14  
 Schembri, Manon 15  
 Shepherd, William 17  
 Smart, Katie 15  
 Thomson, Ella 13  
 Thomson, Emily 14  
 Venter, Jonathan 20

**Ren 96 Swim Team**

Craig, Charlotte 12  
 Gardner, Luke 17  
 Gumbrell, Cara 16  
 Heasley, Matthew 18  
 Hunter, Beth 17  
 Jeffords, Tom 15  
 Jeffrey, Zac 17  
 Keough, Harry 16  
 Lessing, Gabriella 19  
 McAlonan, Amy 17  
 McCarey, Lily 16  
 Morris, Magnus 16  
 Rae, Emilia 17  
 Scott, Adam 16  
 White, Cara 14

**Renfrew Baths ASC**

Gillies, Katie 14  
 Giudici, Finlay 15  
 Martin, Matthew 18  
 McMillan, Cameron 14  
 Watson, Ewan 15

**Rochdale Swim Club**

Baker, Leo 18

**Rutherglen Asc**

Bennett, Finlay 14  
 Craw, Lucas 15  
 Dickson, Kaysey 13  
 Henderson, Abbey 13  
 Henderson, Iona 16  
 Semple, Chloe 14  
 Ware, Iris 14

**Scotia Amateur Swimming Club**

Crawford, Joe 14  
 Docherty-Simpson, Jack 16  
 Hart, Kiera 17  
 Lin, Iona 13  
 Lin, Jimmy 15  
 McCormack, Keisha 18  
 Singh, Eklavya 16  
 Stewart, James 16  
 Watchorn, Mark 16

**Shetland ASC**

Hutcheon, Mark 21  
 Millar, Adam 20

**South Aberdeenshire Swimming**

Kay, Isla 15  
 Kay, Sarah 18  
 Liversedge, Torin 16  
 Louw, Imogen 15  
 Louw, Melana 18  
 McCombie, Dylan 16  
 McLaren, Adam 16  
 Myles, Orla 17  
 Smitton, Andrew 17  
 Wraight, Charlotte 16

**South Ayrshire Swim Team**

Cashmore, Dylan 18  
 Cowie, Fraser 15  
 Currie, Adam 17  
 Duncan, Rory 15  
 Eyupoglu, Efe 15  
 Forsyth, Callan 14  
 Gibson, Lewis 15  
 Harper, Kyle 14  
 Heslop, Kirstin 14  
 Jeffreys, Benji 16  
 Jones, Alice 14  
 Mair, Eve 19  
 Maxwell, Hamish 14  
 McCaig, Hannah 13  
 Murdoch, Phoebe 16  
 Robertson, Eilidh 16  
 Steele, Sophie 16  
 Stericker, Keira 19  
 Stevenson, Amber 18  
 Thomson, Adam 16

**Stars Swim Academy**

Baniotis, Georgios 17  
 Ziampras, Arion 19

**Stirling Swimming Club**

Campbell, Nathan 18  
 Croxford, Coco 15  
 Hill, Adam 16  
 Hussen, Lewis 16  
 Lee, Anna 15  
 MacDonald, Megan 16  
 McNair, Suzie 16  
 Montgomery, Ben 17  
 Montgomery, Tara 17





Patrick, Mairianna 14  
 Scobbie, Perrie 16  
 Small, Lochlan 14  
 Stewart, Connor 18  
 Stewart, Loren 16  
 Tinch, Alex 15  
 Traynor, Callum 16  
 Turnbull, Melissa 17  
 Vandermeulen, Fraser 14  
 Vandermeulen, Grier 18  
 Vandermeulen, Logan 16  
 Wood, Isabelle 18

**Stranraer Stingrays Asc**  
 Barrowman, Emma 16  
 Nastyuks, Stepan 13

**Swansea University**  
 Allison, Megan 21  
 Harris, Medi 21

**Swim Ireland**  
 Bailey, Evan 18  
 Biss, Brandon 18  
 Burns-Atkin, Alana 17  
 Byrne, Brydan 16  
 Cassin, Jack 19  
 Connery, Niamh 15  
 Corby, Eoin 21  
 Davison, Grace 16  
 Donnellan, Sean 16  
 Fitzgerald, Conor 17  
 Godden, Maria 21  
 Hand, Matthew 18  
 Jones, Ava 15  
 O'Brien, Denis 16  
 O'Connor, Liam 18  
 Shortt, John 16  
 Tebite, Oisin 18

**Swim West Lothian**  
 Anderson, Keira 16  
 Anderson, Lauren 16  
 Coulter, Lily 16  
 Jones, Amy 15  
 Jones, Euan 17  
 Mainwaring, Melissa 17  
 McCafferty, Maisie 15  
 Merson, Chloe 16  
 Muirhead, Kyle 16  
 Murie, Aimee 16  
 Sinclair, Callum 16  
 Weir, Callen 18  
 Weir, Mollie 15

**Swim-IT SC**  
 Dalgleish, Euan 26  
 Donald, Rachel 28  
 MacLeod, Mia 16  
 McKane, Fraser 30  
 Morton, Abbigail 16

**Täby Sim**  
 Guüleryuüz, Leo 17  
 Gustavsson, Julius 21  
 Karjanmaa, Tindra 19  
 Nyblom, Moa 18  
 Nyblom, Niklas 24  
 Risland, Eric 17  
 Rydbeck Nordeén, Esther 22  
 Sandberg, Mathilda 18  
 Westerdahl, Clara 18  
 Westholm, Hugo 19

**University of Aberdeen**  
 Allison, James 22  
 Beeley, Tom 24  
 Brown, Matthew 20  
 Ferguson, Jamie 20  
 Grant, Emily 26  
 Hodgkinson, George 15  
 Keegan, Zara 21  
 Kirkwood, Jessica 14  
 Littlejohn, Amber 15  
 Massey, Conor 21  
 Mishchenko, Mariia 17  
 Morgan, Lucy 15  
 Perry, Yasmin 22  
 Robinson, Tom 23  
 Rogers, Faye 21  
 Scally, Logan 16  
 Stuart, Madisyn 14  
 Travis, Cameron 19  
 Wilson, Fraser 21  
 Wood, Maree 20

**University of Stirling**  
 Allen, Peter 22  
 Allison, Angus 20  
 Arthur, Andrew 21  
 Baker, Henry 20  
 Bertoli, Andrew 19  
 Bisset, Donald 22  
 Blake, Jade 20  
 Bradley-Holt, Lauren 19  
 Creaney, Cameron 19  
 Davis, Evelyn 19  
 Dawson, Kathleen 26  
 Dickson, Rory 21  
 Dobson, Rafe 19  
 Doubleday, Elizabeth 18  
 Ellington, William 20  
 Fairbairn, Greg 21  
 Ferris, Scarlett 19  
 Glenister, Michaela 21  
 Gordo, Salvador 20  
 Graham, Lewis 20  
 Greening, Pierce 20  
 Grieve, Lucy 19  
 Hope, Lucy 26  
 Hyde, Brogan 20  
 Jones, Evan 19  
 Kane, Abby 20  
 MacInnes, Keanna 22  
 MacKay, John 18  
 McDonald, Allana 19  
 McKean, Lewis 21  
 McMillan, Jack 23

Meijer, Alex 21  
 Morgan, Elena 21  
 Morris, Ciara 21  
 Muir, Chris 25  
 Muncey, Jack 20  
 Paton, Olivia 19  
 Pease, Sam 24  
 Pike, Titus 19  
 Poole, Charlie 22  
 Press, Joshua 20  
 Rae, Carolyn 19  
 Ritchie, Adam 19  
 Robertson, Jamie 23  
 Robertson, Madeleine 19  
 Russell, Victoria 23  
 Schulz, Jessica 19  
 Scott, Duncan 26  
 Shanahan, Katie 19  
 Shulman, Rebecca 20  
 Smith, George 19  
 Speakman, Zach 21  
 Talib, Swaleh 23  
 Thomson, Abigail 19  
 Tinsley, Florence 21  
 Trett Oliver, Tony Joe 24  
 Tykesson, Oliver 23  
 Ward, Logan 19  
 Whitehead, Harper 22

**Warrender Baths Club**  
 Arbuckle, Phoebe 15  
 Batey, Ewan 18  
 Burnett, James 16  
 Coertze, Kianna 15  
 Cooper, Natalie 17  
 Coy, Alex 17  
 Drake, Aaron 14  
 Drake, Ashleigh 16  
 Drysdale, Manow 16  
 Duffin, Charlotte 17  
 Forster, Rosie 16  
 Gallagher, Rory 16  
 Geard, Isabella 15  
 Gordon-Gibson, Brodie 18  
 Green, Anna 18  
 Grimes, Josie 14  
 Gullen, Sidar 17  
 Jansen, Luuk 17  
 Maxwell-Pauwels, Lewis 14  
 McNaughton, Sarah 17  
 Mitchell, Connor 16  
 Mitchell, Dylan 14  
 Nolan, Kate 14  
 Noronha, Eilidh 16  
 Noronha, Mhairi 16  
 Perry, Alice 15  
 Perry, Anna 17  
 Portier, Sophie 18  
 Reid, Caitlin 14  
 Rogers, Mei 16  
 Rose, Katie 17  
 Ross, Sam 16  
 Shalaby, Ismail 15  
 Simson, Natasha 18  
 Smith, Zahara 16  
 Stephen, Josh 16  
 Stewart, Eilidh 17

Stobie, Rory 16  
 Szeto, Natalie 16  
 Vick, Ruaidhrí 13  
 Wilson, Naomi 16  
 Wilson, Ryo 16

**West Dunbartonshire Asc**  
 Alison, Sophie 15  
 Grabowska, Wiktor 16  
 Rafferty, Lia 15  
 Thomson, John 19



## COMPETITION SCHEDULE

Friday 26 <sup>th</sup> May 2023		Saturday 27 <sup>th</sup> May 2023		Sunday 28 <sup>th</sup> May 2023	
Session 1 – Fastest Heats		Session 4 – Fastest Heats		Session 7 – Fastest Heats	
Warm-up: 08:00 Start: 09:05 Finish: 11:10		Warm-up: 08:00 Start: 09:05 Finish: 11:10		Warm-up: 08:00 Start: 09:05 Finish: 11:10	
Event	CT*	Event	CT*	Event	CT*
Women's 200m IM	2:37.45	Women's 400m IM	5:35.30	Women's 50m Butterfly	0:32.88
Men's 200m IM	2:30.00	Men's 400m IM	5:15.93	Men's 50m Butterfly	0:29.68
Women's 100m Butterfly	1:14.85	Women's 100m Breaststroke	1:26.51	Women's 400m Freestyle	4:53.93
Men's 100m Butterfly	1:06.66	Men's 100m Breaststroke	1:19.02	Men's 400m Freestyle	4:38.77
Women's 200m Backstroke	2:38.57	Women's 200m Butterfly	2:51.44	Women's 100m Backstroke	1:13.21
Men's 200m Backstroke	2:32.95	Men's 200m Butterfly	2:36.50	Men's 100m Backstroke	1:09.04
Women's 50m Freestyle	0:30.43	Women's 200m Freestyle	2:21.89	Women's 200m Breaststroke	3:06.69
Men's 50m Freestyle	0:27.50	Men's 200m Freestyle	2:10.96	Men's 200m Breaststroke	2:51.51
Women's 50m Breaststroke	0:40.11	Women's 50m Backstroke	0:35.04	Women's 100m Freestyle	1:04.29
Men's 50m Breaststroke	0:35.74	Men's 50m Backstroke	0:32.78	Men's 100m Freestyle	0:59.02
Session 2 – Remaining Heats		Session 5 – Remaining Heats		Session 8 – Remaining Heats	
Warm-up: 11:15 Start: 12:15 Finish: 15:15		Warm-up: 11:15 Start: 12:15 Finish: 15:15		Warm-up: 11:15 Start: 12:15 Finish: 15:15	
Women's 200m IM	2:37.45	Women's 400m IM	5:35.30	Women's 50m Butterfly	0:32.88
Men's 200m IM	2:30.00	Men's 400m IM	5:15.93	Men's 50m Butterfly	0:29.68
Women's 100m Butterfly	1:14.85	Women's 100m Breaststroke	1:26.51	Women's 400m Freestyle	4:53.93
Men's 100m Butterfly	1:06.66	Men's 100m Breaststroke	1:19.02	Men's 400m Freestyle	4:38.77
Women's 200m Backstroke	2:38.57	Women's 200m Butterfly	2:51.44	Women's 100m Backstroke	1:13.21
Men's 200m Backstroke	2:32.95	Men's 200m Butterfly	2:36.50	Men's 100m Backstroke	1:09.04
Women's 50m Freestyle	0:30.43	Women's 200m Freestyle	2:21.89	Women's 200m Breaststroke	3:06.69
Men's 50m Freestyle	0:27.50	Men's 200m Freestyle	2:10.96	Men's 200m Breaststroke	2:51.51
Women's 50m Breaststroke	0:40.11	Women's 50m Backstroke	0:35.04	Women's 100m Freestyle	1:04.29
Men's 50m Breaststroke	0:35.74	Men's 50m Backstroke	0:32.78	Men's 100m Freestyle	0:59.02
Men's 1500m Freestyle (HDW) – 3 heats	18:37.66	Women's 800m Freestyle (HDW) – 3 heats	10:03.24	Women's 1500m Freestyle (HDW) – 1 heat	18:46.09
				Men's 800m Freestyle (HDW) – 1 heat	8:59.55
Session 3 – FINALS		Session 6 – FINALS		Session 9 – FINALS	
Warm-up: 16:00 Start: 17:00 Finish: 19:30		Warm-up: 16:00 Start: 17:00 Finish: 19:30		Warm-up: 15:30 Start: 16:30 Finish: 18:30	
Fastest heat of Men's 1500m Freestyle		Fastest heat of Women's 800m Freestyle		C-B-A Finals of Women's 50m Butterfly	
C-B-A Finals of Women's 200m IM		C-B-A Finals of Men's 400m IM		C-B-A Finals of Men's 50m Butterfly	
C-B-A Finals of Men's 200m IM		C-B-A Finals of Women's 400m IM		C-B-A Finals of Women's 400m Freestyle	
C-B-A Finals of Women's 100m Butterfly		C-B-A Finals of Men's 100m Breaststroke		C-B-A Finals of Men's 400m Freestyle	
C-B-A Finals of Men's 100m Butterfly		C-B-A Finals of Women's 100m Breaststroke		C-B-A Finals of Women's 100m Backstroke	
C-B-A Finals of Women's 200m Backstroke		C-B-A Finals of Men's 200m Butterfly		C-B-A Finals of Men's 100m Backstroke	
C-B-A Finals of Men's 200m Backstroke		C-B-A Finals of Women's 200m Butterfly		C-B-A Finals of Women's 200m Breaststroke	
C-B-A Finals of Women's 50m Freestyle		C-B-A Finals of Men's 200m Freestyle		C-B-A Finals of Men's 200m Breaststroke	
C-B-A Finals of Men's 50m Freestyle		C-B-A Finals of Women's 200m Freestyle		C-B-A Finals of Women's 100m Freestyle	
C-B-A Finals of Women's 50m Breaststroke		C-B-A Finals of Men's 50m Backstroke		C-B-A Finals of Men's 100m Freestyle	
C-B-A Finals of Men's 50m Breaststroke		C-B-A Finals of Women's 50m Backstroke			

The running order for finals will be C (which is the junior final), B then A final. Swimmers qualify for finals by time not by age. The fastest 8 entries in women's 800m and men's 1500m freestyle events will swim in the evening finals sessions.

Start sheets will be available for visiting spectators and to download online. Results will be posted in the venue, on the Meet Mobile App and online at [www.glasgowswimmeet.com](http://www.glasgowswimmeet.com)

To provide a more fluent spectator experience there will be no formal presentations during the meet. Athletes will win prize money for the top performances which will be collected later from the Meet Treasurer.



[glasgowswimmeet.com](http://glasgowswimmeet.com)



## WHO TO WATCH FOR

The competition will play host to some of the world's best swimmers over three days of intense racing action. Here's a few to watch out for.



### Duncan Scott

6-time Olympic medalist & Commonwealth champion

Already considered one of the best swimmers in the world today, Stirling based Duncan Scott returned from the 2021 Tokyo Olympic Games with no less than 4 medals round his neck: the most ever won by a British athlete in any sport in a single Games.

Two silver medals in the relay events at the 2016 Rio Olympics saw Scott burst on to the world scene in style after a stellar junior career. This was followed by regular visits to the international podium including a record breaking 6 medals at the 2018 Gold Coast Commonwealth Games and a further 6 at the 2022 Birmingham Commonwealth Games.

Scott is coached by Steven Tigg at the University of Stirling and is widely tipped to reach the podium again at this summer's World Championships. He has a very versatile event range and can be expected to turn out in various strokes and distances.

### DENMARK – National Junior Team

The Danish Swimming Federation have entered over 20 of their best junior swimmers in the meet and will be using it as a key part of their preparation for the European Junior Championships in a couple of months' time and the World Aquatics Junior Championships later in the year.

The Danish stars of the future will feature in almost every event and are expected to make a big impact across both senior and junior finals. We wish them all the best for a successful competition and a friendly welcome in Glasgow and Scotland.



### James Wilby

Olympic, World and Commonwealth Games medalist.

James is a breaststroke specialist and current British Champion at 100M and 200M Breaststroke. He has historically done well at Tollcross and his 200M Breaststroke personal best was performed in our pool and he also earned the first of his four Commonwealth gold medals at the Glasgow Commonwealth Games which took place at Tollcross in 2014.



[glasgowswimmeet.com](http://glasgowswimmeet.com)





## Scottish Records – Senior Male (Long Course)

Distance	Time	Name	Club	Date	Venue
<b>FREESTYLE</b>					
50m	00:22.21	Duncan Scott	University of Stirling	14/03/20	Edinburgh
100m	00:47.87	Duncan Scott	University of Stirling	18/04/19	Glasgow
200m	01:44.26	Duncan Scott	Great Britain	27/07/21	Tokyo, JPN
400m	03:46.00	Stephen Milne	Great Britain	06/08/16	Rio de Janeiro, BRA
800m	07:46.41	Stephen Milne	Great Britain	05/08/15	Kazan, Russia
1500m	14:53.83	Stephen Milne	Great Britain	20/08/14	Berlin, Germany
<b>BACKSTROKE</b>					
50m	00:25.22	Jamie Robertson	University of Stirling	23/07/22	Sheffield
100m	00:54.22	Gregor Tait	City of Edinburgh	01/04/08	Sheffield
200m	01:55.67	Craig McNally	Great Britain	02/08/13	Barcelona, Spain
<b>BREASTSTROKE</b>					
50m	00:27.19	Archie Goodburn	University of Edinburgh	05/04/23	Sheffield
100m	00:59.09	Ross Murdoch	Great Britain	03/08/15	Kazan, Russia
200m	02:07.30	Ross Murdoch	Scotland	24/07/14	Glasgow
<b>BUTTERFLY</b>					
50m	00:23.82	Gregor Swinney	University of Edinburgh	09/04/23	Sheffield
100m	00:52.25	Duncan Scott	University of Stirling	19/01/19	Glasgow
200m	01:56.59	Cameron Brodie	Scotland	26/07/14	Glasgow
<b>INDIVIDUAL MEDLEY</b>					
200m	01:55.28	Duncan Scott	Great Britain	30/07/21	Tokyo, JPN
400m	04:09.18	Duncan Scott	University of Stirling	07/04/22	Sheffield

## Scottish Records – Junior Male (Long Course)

Distance	Time	Name	Club	Date	Venue
<b>FREESTYLE</b>					
50m	00:23.23	Duncan Scott	FIRST	04/08/13	Sheffield
100m	00:50.53	Craig McLean	Carnegie SC	09/08/14	Sheffield
200m	01:51.12	Duncan Scott	FIRST	01/08/13	Sheffield
400m	03:56.95	Angus Barr	South Lanarkshire	10/08/14	Sheffield
800m	08:17.02	Angus Barr	South Lanarkshire	05/04/14	Glasgow
1500m	15:41.73	Angus Barr	South Lanarkshire	08/08/14	Sheffield
<b>BACKSTROKE</b>					
50m	00:26.51	Dean Fearn	Aberdeen Dolphin SC	04/04/23	Sheffield
100m	00:57.01	Craig McLean	Carnegie SC	25/06/14	Aberdeen
200m	02:05.21	Craig McLean	Carnegie SC	27/06/14	Aberdeen
<b>BREASTSTROKE</b>					
50m	00:28.89	Callum Melville	Nova Centurion	13/03/22	Sheffield
100m	01:03.40	Callum Melville	Nova Centurion	23/07/22	Sheffield
200m	02:16.44	Callum Melville	Nova Centurion	26/07/22	Sheffield
<b>BUTTERFLY</b>					
50m	00:24.46	Dean Fearn	Aberdeen Dolphin SC	09/04/23	Sheffield
100m	00:55.43	Stefan Krawiec	Great Britain	29/07/22	Banska Bystrica, Slovakia
200m	02:02.30	Tom Beeley	Aberdeen ASC	30/07/15	Sheffield
<b>INDIVIDUAL MEDLEY</b>					
200m	02:03.73	Duncan Scott	FIRST	02/08/13	Sheffield
400m	04:26.28	Duncan Scott	Great Britain	16/07/13	Utrecht, NED



## Scottish Records – Senior Female (Long Course)

Distance	Time	Name	Club	Date	Venue
<b>FREESTYLE</b>					
50m	00:24.68	Alison Sheppard	Scotland	01/08/02	Manchester
100m	00:53.89	Lucy Hope	Great Britain	15/07/21	Budapest, HUN
200m	01:56.62	Caitlin McClatchey	Great Britain	28/07/09	Rome, Italy
400m	04:06.21	Hannah Miley	Scotland	29/07/14	Glasgow
800m	08:28.15	Hannah Miley	Scotland	28/07/14	Glasgow
1500m	16:16.72	Camilla Hattersley	City of Glasgow ST	03/07/16	Glasgow
<b>BACKSTROKE</b>					
50m	00:27.19	Kathleen Dawson	Great Britain	18/05/21	Budapest, HUN
100m	00:58.08	Kathleen Dawson	Great Britain	23/05/21	Budapest, HUN
200m	02:07.74	Cassie Wild	Great Britain	23/05/21	Budapest, HUN
<b>BREASTSTROKE</b>					
50m	00:30.50	Kara Hanlon	University of Edinburgh	04/04/23	Sheffield
100m	01:06.75	Kara Hanlon	University of Edinburgh	26/02/23	Sheffield
200m	02:24.04	Kirsty Balfour	Scotland	18/03/06	Melbourne, AUS
<b>BUTTERFLY</b>					
50m	00:26.75	Sian Harkin	University of Stirling	30/07/13	Sheffield
100m	00:57.9	Keanna MacInnes	University of Stirling	09/04/23	Sheffield
200m	02:08.24	Hannah Miley	Garioch ASC	19/03/09	Sheffield
<b>INDIVIDUAL MEDLEY</b>					
200m	02:09.40	Katie Shanahan	University of Stirling	08/04/23	Sheffield
400m	04:31.33	Hannah Miley	Garioch ASC	20/03/09	Sheffield

## Scottish Records – Junior Female (Long Course)

Distance	Time	Name	Club	Date	Venue
<b>FREESTYLE</b>					
50m	00:25.91	Evie Davis	Great Britain	26/07/19	Baku, Azerbaijan
100m	00:55.95	Lucy Ellis	Stirling Swimming	28/07/09	Sheffield
200m	01:59.98	Lucy Ellis	Stirling Swimming	30/07/09	Sheffield
400m	04:19.54	Hannah Miley	Garioch ASC	09/08/05	Sheffield
800m	08:51.61	Lucinda Campbell	Windsor SC	09/05/12	London
1500m	16:48.88	Megan Gilchrist	City of Edinburgh	03/12/06	Sheffield
<b>BACKSTROKE</b>					
50m	00:28.69	Kathleen Dawson	Warriors of Warrington	12/07/13	Poznan, Poland
100m	01:01.71	Cassie Wild	Ellesmere College	27/07/16	Sheffield
200m	02:11.20	Katie Shanahan	Great Britain	22/07/19	Baku, Azerbaijan
<b>BREASTSTROKE</b>					
50m	00:31.78	Katie Goodburn	Warrender Baths Club	16/04/19	Glasgow
100m	01:09.69	Katie Robertson	South Ayrshire Swim Team	23/04/17	Sheffield
200m	02:31.83	Katie Robertson	South Ayrshire Swim Team	30/03/17	Aberdeen
<b>BUTTERFLY</b>					
50m	00:27.28	Anna Fleming	City of Glasgow ST	27/07/16	Sheffield
100m	00:59.81	Keanna MacInnes	Heart of Midlothian	23/04/17	Sheffield
200m	02:09.64	Keanna MacInnes	Great Britain	24/08/17	Indianapolis, USA
<b>INDIVIDUAL MEDLEY</b>					
200m	02:14.10	Katie Shanahan	Great Britain	22/07/19	Baku, Azerbaijan
400m	04:43.36	Katie Shanahan	Great Britain	03/07/19	Kazan, Russia



## ABOUT CITY OF GLASGOW SWIM TEAM

Formed in 1993, City of Glasgow Swim Team has been consistently one of the leading swimming clubs in Scotland and the UK for 30 years. The Club has a proud history of providing expert swimming coaching and tuition to the local community.

City of Glasgow Swim Team swimmers always enjoy success at regional and national level but the Club has also gained an international reputation by placing multiple athletes on representative teams for Great Britain and other nations at events up to and including the Olympic Games. In fact, some of Britain's best ever swimmers have been developed at City of Glasgow! The club are current Scottish National League champions for all 4 divisions and winners of the top club at the Scottish National Age Group Championships for the last two years..

Although City of Glasgow Swim Team has over 300 active members, the main body of the Club comprises approximately 280 children, teenagers and young adults who train on a daily basis with the ultimate aim of reaching their full potential within the wonderful sport of swimming. From young developing children to senior international athletes, City of Glasgow Swim Team is the place to be!

City of Glasgow Swim Team operates within a long-term planning strategy that outlines our values, our vision, our mission, and a number of key objectives that we are aiming to achieve in the coming months and years. Our values include:

- Achieving success at all levels of competitive swimming.
- Providing the highest standard of swimming teaching, coaching and training possible.
- Promoting lifelong positive values and qualities in our members.
- Enhancing the status and reputation of swimming in Scotland and the UK.
- Delivering the beneficial aspects of club membership to swimmers and parents.

The Club has a strong partnership with Glasgow Life to ensure that the programme can take place in the city's world class facilities, with the benefit of expert professional paid coaches at all levels of the pathway and is accessible and affordable to all sections of the local community. In addition, the Club works closely with the Glasgow School of Sport to provide a unique opportunity for school children to combine swimming development with their academic studies.



[glasgowswimmeet.com](http://glasgowswimmeet.com)





## UNIVERSITY SWIMMING WITH CITY OF GLASGOW SWIM TEAM

City of Glasgow Swim Team works in partnership with Scottish Swimming and all four of Glasgow's universities to ensure dedicated Glasgow based student athletes can achieve their full potential in the sport of swimming with the ultimate ambition of achieving high performance results at the international level. The partnership enables university enrolled swimmers to train with the club's High Performance squad accessing daily world-class coaching and support services in one of the best swimming facilities in the world. At the same time, each institution provides academic flexibility and a range of practical and scholarship support for the athletes who are fulfilling their potential. In recent years the programme has placed swimmers on the GB Olympic & Paralympic teams, World & European Championships and team, and six different athletes on Commonwealth Games teams.

### Academic Diversity

Glasgow is one the world's leading cities for both sport and higher & further education. Home to no less than four universities (University of Glasgow, University of Strathclyde, Glasgow Caledonian University, University of the West of Scotland) and a multitude of colleges, Glasgow offers an unparalleled range of options to combine academic study with high performance swimming.

### Expert Coaching

The professional coaching team provided at City of Glasgow Swim Team is second to none. A dedicated team of five full and eight part-time staff ensure all swimmers' needs are fully catered for. With many years' experience at the elite level, Danielle Brayson is the Head Performance Coach, overseeing the whole club structure but focusing her daily coaching on the club's senior swimmers and university group. This year we have introduced additional support on dedicated land training and conditioning for our athletes through our specialist provider Athlete Focused.

### A City of Sport

If you like sport, Glasgow is the place to be. Glasgow is currently the European Capital of Sport and regularly hosts major international sporting events and has numerous state of the art world-class facilities and professional sporting teams. As Scotland's largest city Glasgow also offers a diverse and friendly culture, providing some of the best museums, galleries, theatres, music venues and entertainment options in the UK.



[glasgowswimmeet.com](http://glasgowswimmeet.com)



## A WORD ABOUT OUR SPONSORS

The 2023 Glasgow International Swim Meet is most grateful for the support of our four main sponsors this year.

### AS Homes (Scotland)

Glasgow-based housebuilder, AS Homes Scotland, is proud to work alongside an abundance of Housing Associations and Local Authorities delivering quality homes that meet our community's needs, providing the next generation of affordable homes. As well as offering a higher standard of living, our new housing delivers huge economic and social benefits while playing a crucial role in tackling fuel poverty and increasing energy-efficiency. [www.ashscot.co.uk](http://www.ashscot.co.uk)



### Briar Homes (Scotland)

At Glasgow-based housebuilder, Briar Homes, we recognised the demand for private luxury housing and so created a collection of developments across Glasgow and beyond. Our developments enjoy the unique combination of high-quality contemporary homes, modern convenience, and natural surroundings. Making sure that the local landscape is celebrated and shared with all residents. It's where home, nature and community combine. [www.briar-homes.co.uk](http://www.briar-homes.co.uk)

### SwimEasy

SwimEasy is one of Scotland's largest independent operators of swimming lessons. Our aim is to make the process of learning to swim easy, enjoyable and effective. **EASY** – During the early stages, our swimming teachers deliver the lessons in the water to provide direct contact with the learner and help boost confidence at this critical stage of learning how to swim. **ENJOYABLE** – All lessons are delivered in a relaxed and fun atmosphere, utilising water games where appropriate. **EFFECTIVE** – The classes are kept small to assure the best attention of our swimming teachers, enhance the development of the correct skills and to produce safe and competent swimmers. [www.swimeasy.co.uk](http://www.swimeasy.co.uk)



### KMG MEDCOMMS

Provides consulting services and medical writing support to pharmaceutical, medical device and life science industries. KMG MEDCOMMS are proud to sponsor the Ladies 400M individual Medley.



[glasgowswimmeet.com](http://glasgowswimmeet.com)



## **Athlete Focused**

"At Athlete Focused, we believe that every athlete has the potential to achieve greatness. That's why we're dedicated to providing the tools, resources, and support they need to improve their performance and reach their goals.

Our team of experienced sports science experts work closely with each athlete to develop a personalized training plan that's tailored to their unique needs and abilities. From strength and conditioning to nutrition and mental performance, we cover all the bases to help our athletes perform at their best.

But it's not just about the physical aspects of training. We also understand the importance of mental resilience, and we work with our athletes to help them develop the mindset they need to succeed. Whether it's overcoming setbacks or staying focused under pressure, we're here to support our athletes every step of the way.

At Athlete Focused, we're passionate about helping athletes unlock their full potential. With our proven methods and unwavering dedication, we're committed to helping our athletes achieve their goals and reach new heights in their sport."

Athlete focused are sponsoring the 200M Individual Medley and 200M Freestyle events.  
[www.athletefocused.com](http://www.athletefocused.com)



### **A. Alexander Group**

Based in Glasgow's southside, A. Alexander Group is a family-owned business and operates four divisions specialising in commercial and domestic electrical services, mechanical services and fire & security services.

Founded in 1962 as a father and son electrical company, it has grown into one of Scotland's leading multi-disciplinary businesses delivering projects throughout the UK. Further information is

available from [www.alexgroup.co.uk](http://www.alexgroup.co.uk)



## **OFFICIAL FERRARI DEALER GRAYPAUL GLASGOW**

### **GRAYPAUL GLASGOW**

You won't be surprised that GRAYPAUL GLASGOW are delighted to be sponsoring the fastest event at Glasgow International Swim Meet, the 50M Men's Freestyle.

[Graypaul Ferrari Glasgow | Sytner Glasgow](http://Graypaul Ferrari Glasgow | Sytner Glasgow)



### **arena**

Glasgow International Swim Meet are grateful for the support received from Arena in providing the Hot Heat prizes. [www.arenasport.com](http://www.arenasport.com)



[glasgowswimmeet.com](http://glasgowswimmeet.com)





## SAFEGUARDING

The meet organisers are well aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that the majority of images taken within Scottish Swimming licensed meets are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identify a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

Parents and carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish for their child's image to be taken and shared in this way.

The meet organisers are committed to ensuring that all children who participate in this meet are able to take part in an enjoyable, safe environment and be safeguarded from harm. If you have any child safeguarding concerns at the event, please contact an Event Officer immediately to disclose your concerns.

## PHOTOGRAPHY & VIDEO

Any person wishing to use digital video and/or photography of any kind must register their device(s) using the online form available at this link <https://forms.office.com/r/R8YXvywDN3>. Throughout this event the organisers will have authorised personnel taking static photographs and video footage. These images are intended solely for the purpose of promotion of the event and will include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites. It will not be possible to opt out of video footage being taken. Any competitor not wishing to be photographed must report their details to the Meet Information Desk.

# THANK YOU!

City of Glasgow Swim Team wish to thank all those who've worked throughout the weekend and in recent weeks and months to ensure the meet took place. There are far too many people to name them all individually but we are sincerely grateful to everyone who contributed in some way, no matter how big or small.

And special thanks go to all the following organisations for their support and contributions:

**Official Sponsor – Briar Homes**  
**Official Sponsor – A S Homes**  
**Official Sponsor – KMG MEDCOMMS**  
**Official Sponsor – SwimEasy**  
**Official Sponsor – Athlete Focused**  
**Official Sponsor – A.Alexander Group**  
**Official Sponsor – GRAYPAUL GLASGOW**

**Official Supporters:**  
**Glasgow Life**  
**Scottish Swimming**  
**Wrightsports**  
**SASA West District**  
**Streamscene**  
**Glasgow School of Sport**



[glasgowswimmeet.com](http://glasgowswimmeet.com)



# #SaveOurPools



Save lives through  
learning to swim



Safeguard health  
and wellbeing



Keep communities  
together and clubs open



Scottish  
Swimming



[glasgowswimmeet.com](https://glasgowswimmeet.com)







Scottish  
Swimming

Club of the Year 2017





CITY  
of  
GLASGOW  
SWIM TEAM

Contact us to find out more  
[www.swimglasgow.co.uk](http://www.swimglasgow.co.uk)

/cityofglasgowswimteam

@cogst

cityofglasgowswimteam



[glasgowswimmeet.com](http://glasgowswimmeet.com)







**GLASGOW**  
**INTERNATIONAL**  
**SWIM MEET**

